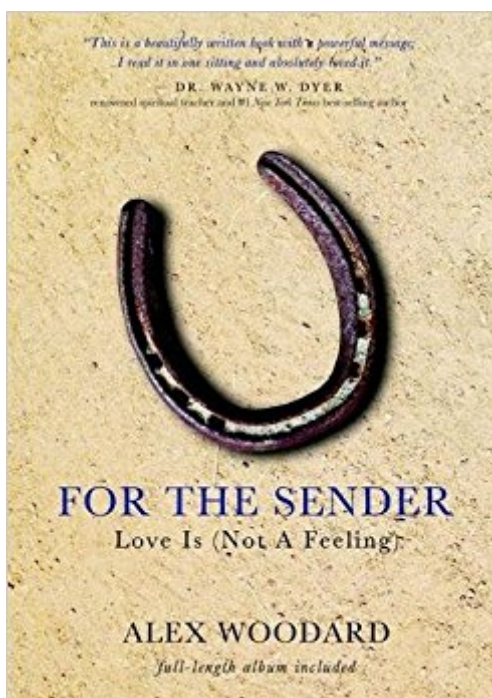


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# For The Sender: Love Is (Not A Feeling): "Includes CD"



## Synopsis

Author and singer-songwriter Alex Woodard was in the audience, waiting to be called to the stage to perform at New York Times bestselling author Dr. Wayne Dyer's lecture presentation in New York. Dr. Dyer's daughter had written him a letter, and Alex had crafted a song about the letter in the spirit of his first Hay House release (For The Sender: Four Letters. Twelve Songs. One Story.). Any moment now, Alex would be asked to play it for the sold-out auditorium. But first Scarlett Lewis was invited to the stage. Scarlett's son was a six-year-old hero who died saving his friends' lives in the Newtown, Connecticut, elementary-school massacre, and her words of love rang deep through the packed house as she told her story. Alex noticed that Scarlett described love more as an action and less as a feeling, and made a mental note to speak to her after the presentation. Scarlett would soon send Alex a letter; and coupled with the letter from Dr. Dyer's daughter, the foundation would be set for Alex's spring 2014 release For The Sender: Love Is (Not A Feeling). Through those letters (and three other inspiring examples), and songs from platinum-selling artists written about them, Alex weaves his own story of discovery as he sifts through the competing messages we receive daily about the most powerful of human experiences: love. He challenges mainstream media, the self-help establishment, and the reader to re-examine what really matters: what we actually do, for ourselves and each other. The end result is a deeply empowering reading and listening experience that will be featured in Dr. Dyer's 2014 PBS special and on stages nationwide this spring.

## Book Information

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## Customer Reviews

When he's not surfing in a little beach town north of San Diego, Alex Woodard lives with a big dog and a bigger horse in the mountains of Idaho. For further info, visit: [www.ForTheSender.com](http://www.ForTheSender.com) or [www.AlexWoodard.com](http://www.AlexWoodard.com).

Those who are familiar with Alex either as a musician or a writer already know the words. Those who are not should commit a few moments of time to a discovery of an artist who has truly found an incredible way to touch people down to their souls. While my personal reading taste tends to steer more towards the fiction works of authors who write in the styles of Vince Flynn or David Baldacci there is a spirit of Alex Woodard's writing that first showed through in his many albums, began to blossom in the first For The Sender book and has reached new levels in this, his newest work. Regardless of your literary interests this book is an incredible story. Alex is somehow able to weave a tapestry of love, friendships, heartaches and heartbreaks while transforming the letters that others send him into the most beautiful words one can imagine. This wonderful story of growing older, growing closer and changing lives - certainly his own - has something for everyone: The music lovers will appreciate the stories and the references to those who shaped a generation as well as the subtle unnamed artists who played a role in various parts of the book (Dave Grohl was a particularly wonderful unspoken reference). Those in search of something greater than themselves will certainly find a compass, not a map, to take them on an amazing literary journey. Those who just want to pick up an awesome CD produced in the ways of old will find not just the music, but the letters behind the songs. Those who love their animals will find a kindred spirit in his words of peace. There is a line Alex writes in the closing chapter, "Love isn't separate from the act, it is the act, born in the smallest decision to do something." I hope this book inspires in each of us the desire and the action to "do something." At a minimum, that something should be to read this book and then pass it along. Thanks Alex! I look forward to the next one.

Alex Woodard's "For The Sender, Love Is (Not a Feeling) should inspire a new category for Grammy Awards. The category of: "Music From The Heart and Soul." Alex Woodard is a master author and songwriter and producer and animal lover who delivers to humanity one of the most heartfelt and emotionally stirring masterpieces ever created. You get a book with a music CD that gives the recipient a unique and complete experience. When you go to his live shows, it is like being in a movie while it is being made! Alex's skills as a producer intuitively bring together a perfect

combination of talents allowing for complete and unbridled expression. The mystery and magic that is the powerful gentleness of Molly Jensen and her vocals will penetrate your heart and soul and stay with you always. ALL OF THE WONDERFUL MUSICIANS AND SONGWRITERS THAT ALEX HAS BROUGHT TOGETHER have created songs born into timelessness. This book and this music have been gifted to humanity with outstanding dignity and purpose. Alex Woodard's "For The Sender" series is an EXPERIENCE... the process of doing and seeing things and of having things happen to you. Perhaps the most resounding element is the fact that all of the stories and songs born and nurtured to fruition are TRUE. If you need to remember what the TRUTH feels like, turn the pages and listen!

I loved this book! Alex Woodard is a remarkable writer. I bought this book about a year after my husband passed away. It took me a little while to get thru the book because the experiences he wrote about seemed like he was writing about mine, which brought me many tears remembering my life with my best friend and soulmate. Alex understands the pain and does a remarkable job of putting it into words, no matter what your situation is, his books have a calming effect on you.

Then Love some more! These letters, songs, and words written by Alex touched me to the core. You will be glad you purchased this book and the accompanying CD. His message of acceptance and compassion is woven through these true - life stories and made amazingly poignant by the observations Alex perceived. You will be mesmerized by the stories interwoven with Alex's story of understanding with his horse's skiddish temperament. His thoughts and feelings are so relevant and timeless. The stories in this book are a true gift that keeps on giving. Share it with anyone who has a heart - and it will expand 10 sizes!!

The book is inspiring and some letters make you cry!!!! I read over 50 pages the first night because I couldn't put it down. This author is very talented and will keep you interested.

Alex Woodard is a gifted writer and musician. I loved the first CD more than the second. I absolutely loved the story telling, and the complex weaving of various stories to show the common thread of Love that keeps the human spirit ignited and inspires us to serve others.

The second in this series, the stories and music come from the hearts of the "sender" and the author and his fellow musicians. Makes one think about what really matters and what connects us to

each other and our 4-leggedpals.

This is one of my favorite Books. Read it first then listen to the CD and read it again and again. So deep and heartfelt. LOVE IS

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